

EMERGENCIES (24 HOURS)

| | |
|---|-----------------------|
| Life Threatening | 9-1-1 |
| Crisis/Suicide Prevention..... | 261-1442 |
| National Suicide Prevention Lifeline..... | 1-800-273-TALK (8255) |
| Poison Control | 1-800-222-1222 |

ADULT & CHILD ABUSE/NEGLECT

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|--|--------------------------|
| Adult Protective Services (APS) (Reporting)..... | 264-7669, 1-800-371-7897 |
| (Central Regional Office)..... | 264-7669 |

Children's Justice Center

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|-------------------|----------|
| Salt Lake | 355-0781 |
| West Jordan | 566-3868 |

Division of Child and Family Services (Central Region Office).....

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|---|--------------------------|
| Child Protective Services (CPS) (Reporting) | 281-5151, 1-800-678-9399 |
|---|--------------------------|

Family Support Center, Inc. (Crisis nursery)

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|-----------------|----------|
| Midvale | 255-6881 |
| Sugarhouse..... | 487-7778 |

Guardian Ad Litem/ Court Appointed Special Advocate (CASA).....

| | |
|--|----------|
| | 578-3962 |
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CHILD/YOUTH/FAMILY SERVICES

See Single Parent or Youth Resource List

COURTS/GOVERNMENT SERVICES/LAW ENFORCEMENT

See Government Resource List

DOMESTIC VIOLENCE

Domestic Violence Information Line..... 1-800-897-LINK (5465)

Legal Aid Society of Salt Lake, Inc. 328-8849

Office of Crime Victim Reparations 238-2360

South Valley Sanctuary..... 255-1095

VINE (Victim Information & Notification Everyday) 1-877-884-8463

Victim Advocate Program, Midvale 256-2505

Victim Crime Advocate Program, Murray City 284-4203

Victim Advocate Program, Salt Lake County 743-5860, 743-5861(Spanish)

Victim Advocate Program, Taylorsville..... 955-2067

Victim Advocate Program, West Valley City 963-3223, 231-8185 (Crisis line)

Victim Assistance Program, Sandy City 568-6082

Victim Assistance, South Salt Lake 412-3660

Victim Assistance Program, West Jordan 566-6511

Victim Resource Center, Salt Lake City Police Department ... 580-7969 (crisis)

Non-emergency Dispatch 799-3000

Office 799-3756

Victim Services Program, South Jordan City 254-4708

Victim Services, Utah Attorney General's Office 281-1206

Victim Services, Office of, Utah State Department of Corrections 545-5899

YWCA..... 537-8600

EMPLOYMENT/JOB TRAINING

(See also: "Employment: Temporary" in the Yellow Pages)

Salt Lake/Tooele Applied Technology College (ATC)..... 493-8700

Deseret Industries (DI) (Welfare Square)..... 240-7200

Division of Rehabilitation Services..... 538-7530

Indian Training and Education Center 973-6484

Job Corps (Centerville)..... 1-800-426-5627

(Salt Lake)..... 693-2902

(West Valley, Glendale, Rose Park, Magna) 898-7302

LDS Employment Services (Welfare Square)..... 240-7240

Labor Commission..... 530-6800

Anti-discrimination and labor issues 530-6801

Utah Department of Workforce Services (DWS)

Central Region Administration Office 468-0000

FINANCIAL COUNSELING

AAA Fair Credit Foundation 1-800-351-4195

American Credit Foundation..... 208-1000

Community Action Program 359-2444

Extension Services, USU 468-3170

Financial Vital Signs..... 977-0555

Salt Lake Neighborhood Housing Services..... 539-1590

FOOD ASSISTANCE PROGRAMS

Food Pantries see Food Resource List or dial 2-1-1

DROPS, Utah Food Bank 2-1-1

Food Stamps, Utah Department of Workforce Services (DWS)

Central Region Administration Office 313-4600

Home Delivered Meals/Congregate Meals (Senior citizens)

Salt Lake County Aging Services 468-2480

Meals on Wheels..... 468-2480

Senior Citizen Centers 468-2480

Prepared Meal Sites see Food or Homeless Resource List or dial 2-1-1

Utahns Against Hunger..... 328-2561

WIC (Women, Infants & Children), Utah Department Health 538-6960

HEALTH CARE/HOSPITALS/CLINICS

See Salt Lake Area Health and Dental Resource Lists

HOMELESS SERVICES

See Homeless Resource List

HOUSEHOLD ITEMS/FURNITURE/CLOTHING

Crossroads Urban Center 364-7765

Deseret Industries (DI) (Welfare Square) (For items at no cost must receive

referral from LDS Bishop)..... 240-7202

Eagle Ranch Ministries..... 254-4945

Rescue Haven (Women & children's clothing)..... 521-5925

Rescue Mission (Men's clothing) 355-1302

St. Vincent de Paul Center 363-7710

Salvation Army..... 322-1253

HOUSING/UTILITIES

American Red Cross (Utilities, Seniors or people with disabilities) ... 323-7000

Assist, Inc. (Emergency home repairs/accessibility) 355-7085

Community Action Program, Salt Lake (SLCAP) 359-2444

Community Development Corporation of Utah (Home purchase)..... 994-7222

Habitat for Humanity, Salt Lake Valley..... 263-0136

Housing Authority, Salt Lake City (Rental subsidies) 487-2161

Housing Authority, Salt Lake County (Rental subsidies)..... 284-4400

Housing Authority, West Valley City 963-3320

(Rental subsidies, home purchase, emergency home repairs)

Questar Gas (Customer Service)..... 1-800-323-5517

Gas Leaks 1-800-541-2824

Blue Stakes 1-800-662-4111

Salt Lake Neighborhood Housing Services (Home purchase/rehab)..... 539-1590

UTAP (Utah Telephone Assistance Program) – Lifeline 538-8793

Utah Department of Workforce Services (DWS)

Central Region Administration Office 468-0000

Utah Housing Corporation (Home purchase)..... 902-8200

Rocky Mountain Power 1-888-221-7070

Outages 1-877-548-3768

LEGAL INFORMATION/CONSULTATION

Consumer Protection, Division of..... 530-6601

Salt Lake Legal Defenders (By court appointment only) 532-5444

Disability Law Center 363-1347

Lawyer Referral www.utahbar.org (click on legal match)

Legal Aid Society of Salt Lake, Inc. (Family law)..... 328-8849

Multi-Cultural Legal Center 486-1183

Tuesday Night Bar, Utah State Bar (Call Mondays for appointment) ... 297-7037

Utah Legal Services 328-8891

LIBRARIES

Salt Lake City

Anderson-Foothill..... 594-8611

Chapman..... 594-8623

Day-Riverside..... 594-8632

Main Library..... 524-8200

Sprague..... 594-8640

Sweet 594-8651

Salt Lake County (Customer Service)..... 943-4636

Bingham Creek 944-7684

LIBRARIES (continued)

| | |
|---|----------|
| Calvin S. Smith | 944-7630 |
| Columbus | 944-7545 |
| Draper | 944-7548 |
| East Millcreek | 944-7622 |
| Herriman | 944-7680 |
| Holladay | 944-7627 |
| Hunter | 944-7593 |
| Kearns | 944-7612 |
| Magna | 944-7547 |
| Park | 944-7618 |
| Riverton | 944-7677 |
| Ruth Vine Tyler | 944-7641 |
| Sandy | 944-7574 |
| South Jordan (moved call for address) | 944-7634 |
| West Jordan | 944-7646 |
| West Valley | 944-7621 |
| Whitmore | 944-7533 |

MENTAL HEALTH/COUNSELING

| | |
|---|----------|
| Children's Center, The (6 years old and younger)..... | 582-5534 |
| Clinical Services, Salt Lake County Division of Youth Services (Ages 8-18)..... | 269-7500 |
| Family Counseling Center | 261-3500 |
| Family Support Center (Parents and children) | 255-6881 |
| Heart Works Counseling Services (Adoptions)..... | 355-7444 |
| Holy Cross Ministries | 908-0293 |
| Jewish Family Services..... | 581-1330 |
| Jordan Family Education Center (Parenting) | 565-7442 |
| Shepherd's Staff Christian Counseling Center, Inc. | 561-9987 |
| Valley Mental Health..... | 263-7100 |
| North Valley Unit | 539-7000 |
| South Valley Unit | 566-4423 |
| LDS Family Services | 240-6500 |
| NAMI UTAH (National Alliance on Mental Illness)..... | 323-9900 |
| Utah Family Center (Parenting) | 266-6166 |
| Utah Youth Village | 272-9980 |

OTHER SERVICES

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|---|---|
| Better Business Bureau (BBB)..... | 892-6009 |
| Plasma Centers (Bio Mat Plasma Services) | 363-7697 |
| (ZLB Plasma Services)..... | 485-5085 |
| Pregnancy Testing..... | see Single Parent Resource List or call 2-1-1 |
| Road Home (Aid for stranded travelers) | 328-8996 |
| Salt Lake Chamber of Commerce | 364-3631 |
| Salt Lake Convention and Visitors Bureau | 534-4900 |
| Senior Corps of Retired Executives (SCORE)..... | 746-2269 |
| Small Business Development Center | 957-4654 |
| Utah Transit Authority | RIDE-UTA (287-7433) |

PEOPLE WITH DISABILITIES

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|---|--------------------|
| 711 Relay Utah | 7-1-1 |
| Access Utah Network | 533-4636 |
| Columbus Community Center..... | 262-1552 |
| Disability Support Center for Families (Developmental Disability)..... | 973-0129 |
| Division of Rehabilitation Services..... | 538-7530 |
| Division of Services for People with Disabilities (DSPD) | 264-7620 |
| Services for People with Disabilities, A Program of the Utah Food Bank..... | 978-2452, 887-1252 |
| Neighborhood House (Riverside Adult Day Center)..... | 363-4593 |
| (Cottonwood Adult Day Center)..... | 277-3264 |
| Rise, Inc. | 208-1031 |
| St. Joseph Villa | 487-7557 |
| Turn Community Services | 359-8876 |
| Utah Independent Living Center | 466-5565 |
| Utah Parent Center and Autism Information Resources | 272-1051 |
| Work Activity Center..... | 977-9779 |

PREGNANCY (SEE ALSO HEALTH RESOURCE LIST)

| | |
|--|----------------|
| Baby Your Baby Hotline..... | 1-800-826-9662 |
| Children's Aid Society of Utah..... | 1-800-273-8671 |
| LDS Family Services | 240-6500 |
| Planned Parenthood Association of Utah | 532-1586 |
| Salt Lake City Health Center | 322-5571 |
| West Valley City Health Center..... | 973-9675 |
| The Children's Service Society of Utah..... | 355-7444 |

Pregnancy Resource Center..... 363-5433Pregnancy Riskline

RAPE/SEXUAL ASSAULT

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|---|----------------------------------|
| Rape Recovery Center | 467-7273 |
| Sego Lily Center for the Abused Deaf..... | 1-800-787-3224 |
| Utah Coalition Against Sexual Assault (UCASA)..... | 746-0404 |
| Rape/Sexual Assault Crisis Line | 1-888-421-1100 |
| Victim Advocate Program, Draper City..... | 576-6355 |
| Victim Advocate Program, Midvale | 256-2505 |
| Victim Advocate Program, Murray City..... | 284-4203 |
| Victim Advocate Program, Salt Lake County..... | 743-5860, 743-5861 (Spanish) |
| Victim Advocate Program, West Valley City | 963-3223, 231-8185 (Crisis line) |
| Victim Assistance Program, Sandy City | 568-7283, 568-6082 |
| Victim Assistance, South Salt Lake | 412-3660 |
| Victim Assistance Program, West Jordan | 566-6511 |
| Victim Resource Center, Salt Lake City Police Department..... | 580-7969 |
| Victim Services Program, South Jordan City | 254-4708 |
| Victim Services, Utah Attorney General's Office..... | 281-1206 |
| Victim Services, Office of, Utah State Department of Corrections..... | 545-5899 |

SENIOR CITIZENS

| | |
|---|----------------|
| AARP | 1-866-448-3616 |
| Services for Seniors, A Program of the Utah Food Bank | 978-2452 |
| Neighbors Helping Neighbors | 581-5162 |
| Salt Lake County Aging Services | 468-2480 |
| Senior Center Programs | 468-2496 |

SEXUALLY TRANSMITTED DISEASES/AIDS INFO

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|---|----------|
| People with AIDS Coalition of Utah..... | 484-2205 |
| Planned Parenthood Association of Utah..... | 532-1586 |
| Salt Lake City Health Center | 322-5571 |
| West Valley City Health Center..... | 973-9675 |
| Primary Care Alliance - Ryan White Title III Program | 585-1251 |
| Ryan White Title II Program | 538-6096 |
| STD/HIV/AIDS Education, Salt Lake Valley Health Department..... | 534-4666 |
| The Harm Reduction Project..... | 355-0234 |
| Utah AIDS Foundation | 487-2323 |

SUBSTANCE ABUSE

(For information on inpatient and outpatient substance abuse treatment programs, please call the county's Assessment and Referral Unit or 2-1-1.)

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|---|------------------------|
| AA (Alcoholics Anonymous) | 484-7871 |
| Al-Anon Family Groups | 262-9587 |
| Interim Group Services..... | 532-1850 |
| Narcotics Anonymous..... | 296-4044 |
| Nicotine Anonymous | 292-5018 |
| Salt Lake County Assessment and Referral Unit | 468-2009 |
| Tobacco Quit Line | 1-888-567-TRUTH (8788) |

SUPPORT GROUPS

Call for details on various groups

VOLUNTEER

| | |
|--|----------|
| 211 Info Bank/Volunteer Center | 2-1-1 |
| Lowell Bennion Community Service Center, University of Utah | 581-4811 |
| Thayne Center for Service & Learning, Salt Lake Community College..... | 957-4555 |

WELFARE AND FINANCIAL SERVICES

| | |
|---|----------------|
| Office of Recovery Services (ORS)..... | 536-8500 |
| Social Security Administration (SSA) (National) | 1-800-772-1213 |
| Murray Office | 268-1060 |
| Salt Lake Office | 524-4115 |
| Unemployment Insurance Center..... | 526-4400 |
| Utah Department of Workforce Services (DWS) | |
| Central Region Administration Office | 468-0000 |
| Constituent Affairs | 526-4390 |
| Worker's Compensation Fund (WCF) | 288-8000 |

211 Information and Referral Services is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.

Last Update: December 2008. Please obtain a new copy if more than 6 months old. If your cellular phone or office phone system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free service.



UTAH FOOD BANK
SERVICES