

Senior Resource List

Phone: 2-1-1

Website: www.211ut.org



Fax: (801) 746-2880

There are local area offices throughout the county for many of the agencies listed below. Please call the number listed for that agency to find a local office or dial 2-1-1 for the same information.

EMERGENCIES (24 HOURS)

Life Threatening	9-1-1
Crisis/Suicide Prevention.....	261-1442
National Suicide Prevention Lifeline.....	1-800-273-TALK (8255)
Poison Control	1-800-222-1222

ABUSE

Adult Protective Services	264-7669
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ADULT DAY CARE

Neighborhood House, Cottonwood.....	277-3264
Neighborhood House, Riverside	363-4593
St. Joseph Villa.....	487-7557
Turn Community Service.....	486-3778

ADVOCACY

AARP	1-866-448-3616
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ALZHEIMER'S

Aging Services, Salt Lake County (Caregiver support)	468-2460
Alzheimer's Association, Utah Chapter.....	1-800-272-3900

BLIND

Blind and Visually Impaired Services	323-4343
Eyecare America	1-800-222-3937
Friends for Sight.....	524-2020
Library for the Blind and Disabled	715-6789
Moran Eye Center	581-2352
National Federation for the Blind of Utah	292-3000
Utah Council of the Blind.....	292-1156
Utah Lions Eye Bank, Moran Eye Center	581-2039

CARE MANAGEMENT – SEE IN HOME SERVICES

CAREGIVERS/RESPITE CARE

Alzheimer's Association	1-800-272-3900
Caregiver Support Program.....	468-2460
Cerebral Palsy of Utah, United	266-1805
Children of Aging Parents.....	1-800-227-7294
Division of Services for People with Disabilities (DSPD)	538-4200
Faith in Action.....	397-4135
Senior Companion Program	468-2474

CONSUMER PROTECTION

Better Business Bureau	892-6009
Consumer Protection Division.....	530-6601
Identity Theft (Utah ID Fraud Task Force)	281-1200
Utah Insurance Department	538-3800
Occupational and Professional Licensing	530-6628
Securities Division	530-6600
Utah Legal Services.....	328-8891

CRIME

Attorney General.....	366-0260
Crime Victim Reparations	238-2360
Identity Theft (Utah ID Fraud Task Force)	281-1200
Occupational and Professional Licensing	530-6628
Police Departments (See Government Resource List or call 211).....	
Salt Lake County Sheriff's Office Crime Prevention Unit.....	468-2204
Utah State Department of Commerce, Financial Institutions	538-8830

PLEASE CALL 211 FOR FURTHER ASSISTANCE

PEOPLE WITH DISABILITIES

711 Relay Utah.....	711
Access Utah Network.....	533-4636, 1-800-333-8824
Utah Center for Assistive Technology.....	887-9380
Columbus Community Center	262-1552
Division of Rehabilitation Services.....	538-7530
Division of Services for People with Disabilities (DSPD)	264-7620
Services for People with Disabilities	
A Program of the Utah Food Bank	978-2452, 887-1275
Turn Community Services.....	359-8876
Utah Independent Living Center	466-5565
Work Activity Center	977-9779

EMERGENCY HOUSING/SHELTER

See Salt Lake County Homeless Resource List or call 211

EMPLOYMENT

Salt Lake/Tooele Applied Technology College (ATC)	493-8700
Blind and Visually Impaired Services	323-4343
Deseret Industries (DI) (Welfare Square)	240-7200
Foster Grandparent Program, Salt Lake County	468-2474
LDS Employment Services (Welfare Square).....	240-7240
Labor Commission	530-6800
Anti-discrimination and labor issues.....	530-6801
Legacy Corps, Salt Lake County.....	468-2248
Senior Employment Program, Salt Lake County	468-2785
Utah Department of Workforce Services (DWS).....	
Central Region Administration Office	468-0000

FINANCIAL COUNSELING

AAA Fair Credit Foundation.....	1-800-351-4195
American Credit Foundation.....	208-1000
Community Action Program	359-2444
Extension Services, USU	468-3170
Financial Vital Signs	977-0555
Internal Revenue Service Taxpayer Advocate	1-877-777-4778
Salt Lake Neighborhood Housing Services	539-1590
Tax Aide, AARP.....	1-888-227-7669
Volunteer Income Tax Assistance (VITA).....	211

FOOD

Food Pantries	See Food Resource List or dial 211
DROPS, Utah Food Bank.....	211
Meals on Wheels	468-2450
Senior Centers, Salt Lake County Aging Services	468-2496
Services for Seniors (Food box program for home-bound and disabled)....	
.....	887-1275

GUARDIANSHIP

Public Guardian	538-8255
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HEALTH CARE/HOSPITALS/CLINICS

See Salt Lake Area Health and Dental Resource Lists

HEALTH EDUCATION

Healthy Aging.....	468-2772
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HEARING

Audiology Service Division LDS Hospital.....	408-3125
Audiology Service U of U Hospital	581-8915
Community Center for the Deaf and Hard of Hearing	263-4861
IHC Hearing and Balance Center	595-1700
Relay Utah.....	711
Speech, Language, and Hearing Clinic, U of U	581-3506

HOME REPAIR/YARD CARE

Assist, Inc. (Emergency home repairs/accessibility).....	355-7085
Neighbors Helping Neighbors (Home repairs, painting, seasonal yard work)	585-9505
Community Development Corporation of Utah	994-7222
Services for Seniors (Minor home repairs, lawn mowing, snow clearing)	887-1275

HOSPICES

Community Hospice	
(A program of Community Nursing Services)	233-6100
IHC Home Care.....	977-9900
Rocky Mountain Hospice	397-4900, 1-800-390-2778

HOUSING/UTILITIES

American Red Cross	
(Utilities, seniors or people with disabilities)	323-7000
Community Action Program, Salt Lake (SLCAP).....	359-2444
Community Development Corporation of Utah (Home purchase) .	994-7222
Environmental Health, Salt Lake County, Sanitation and Safety....	313-6641
Habitat for Humanity, Salt Lake Valley	263-0136
Housing Authority, Salt Lake City (Rental subsidies).....	487-2161
Housing Authority, Salt Lake County (Rental subsidies).....	284-4400
Housing Authority, West Valley City	963-3320
(Rental subsidies, home purchase, emergency home repairs)	
Questar Gas (Customer Service)	1-800-323-5517
Gas Leaks	1-800-541-2824
Blue Stakes.....	1-800-662-4111
Salt Lake Neighborhood Housing Services (Home purchase/rehab)	
.....	539-1590
UTAP (Utah Telephone Assistance Program) – Lifeline.....	538-8793
Utah Department of Workforce Service (DWS).....	
Central Region Administration Office.....	468-0000
Utah Housing Corporation (Home purchase).....	902-8200
Rocky Mountain Power.....	1-888-221-7070
Outages.....	1-877-548-3768

IN HOME CARE SERVICES

Alternatives Program, Salt Lake County Aging Services	468-2459
Caregivers Support Program, Salt Lake County	468-2460
Catholic Community Services	363-7710
Community Nursing Services.....	233-6100
Flexcare (Valley Mental Health).....	273-6366
Jewish Family Services.....	746-4334
IHC Home Care.....	977-9900
Meals on Wheels.....	468-2450
Neighbors Helping Neighbors.....	585-9505
Fire Prevention Bureau.....	799-4150
Senior Companion Program, Salt Lake County	468-2474

INFORMATION AND REFERRAL

211 Information and Referral.....	211
AARP	1-866-448-3616
Outreach Program (Salt Lake County Aging Services)	468-2480

INSURANCE

Medicaid/PCN Information Line.....	538-6155, 1-800-662-9651
Medicare (General Information)	1-800-MEDICARE (633-4227)
Insurance Department, State of Utah	538-3077

LEGAL

Consumer Protection, Division of.....	530-6601
Disability Law Center.....	363-1347
Lawyer Referral.....	www.utahbar.org (click on legal match)
Legal Aid Society of Salt Lake, Inc. (Family law).....	328-8849
Multi-Cultural Legal Center	486-1183
Tuesday Night Bar (Free legal consultation. Call Mondays from 1 p.m. – 5 p.m. for appointment).....	297-7037
Utah Legal Services.....	328-8891

LONG TERM CARE INFORMATION/COMPLAINTS

Long Term Care Ombudsman	
(Salt Lake County Aging Services).....	468-2854

PLEASE CALL 211 FOR FURTHER ASSISTANCE

MENTAL HEALTH/COUNSELING

Family Counseling Center	261-3500
Holy Cross Ministries.....	261-3440
Jewish Family Services.....	746-4334
LDS Family Services.....	240-6500
Masters Program (Valley Mental Health)	273-1085
NAMI (National Alliance on Mental Illness).....	323-9900
Shepherd's Staff Christian Counseling.....	561-9987
University of Utah Neuropsychiatric Institute	583-2500
Valley Mental Health	263-7100
North Valley Unit	539-7000
South Valley Unit.....	566-4423

DOMESTIC VIOLENCE/RAPE/SEXUAL ASSAULT

Domestic Violence Information Line.....	1-800-897-LINK (5465)
Legal Aid Society of Salt Lake, Inc.	328-8849
Office of Crime Victim Reparations.....	238-2360
South Valley Sanctuary	255-1095
YWCA.....	537-8600
Rape Recovery Center	467-7273
Sego Lily Center for the Abused Deaf	1-800-787-3224
Utah Coalition Against Sexual Assault	746-0404
Rape/Sexual Assault Crisis Line	1-888-421-1100
Victim Assistance – Call your local Police Department. See Salt Lake County Government Resource List or call 211.	

SENIOR CENTERS

Salt Lake County Aging Service (Senior Center Program)	468-2496
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SUBSTANCE ABUSE

AA (Alcoholics Anonymous)	484-7871
Al-Anon Family Groups	262-9587
Interim Group Services	532-1850
Narcotics Anonymous	296-4044
Nicotine Anonymous.....	292-5018
Salt Lake County Assessment and Referral Unit	468-2009
Tobacco Quit Line.....	1-888-567-TRUTH (8788)
University of Utah Assessment and Referral.....	532-1850

SUPPORT GROUPS

Call for details on various groups	211
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TRANSPORTATION

Aging Services	
Senior Citizens Transportation Program	468-2464
Pickmeup Medical Transportation	1-888-822-1048
Utah Transit Authority	RIDE-UTA (743-3882)
Flextrans	BUS-RIDE (287-7433)

VETERANS

American Legion	539-1013
American Red Cross.....	323-7000
Disabled American Veterans	326-2375
Valor House.....	582-0411
VA Community Residential Care.....	582-1565
Veterans Administration.....	1-800-827-1000
Veterans Administration Medical Center	582-1565

VOLUNTEER ASSISTANCE/OPPORTUNITIES

For Volunteer Opportunities.....	211
AARP	1-866-448-3616
Bridges Program Salt Lake County.....	468-2188
Catholic Community Services	363-7710
Corporation for National and Community Service, RSVP Program	524-5411
Faith in Action.....	397-4135
Foster Grandparent Program	468-2474
Legacy Corps Salt Lake County	468-2248
Neighbors Helping Neighbors.....	585-9505
Retired and Senior Volunteer Program.....	
(Salt Lake County Aging Services)	468-2490
Senior Centers (Call Salt Lake County Aging Services)	468-2496
Senior Companion Program	468-2474
Utah Food Bank Services	978-2452
Volunteer Support Services Program (Salt Lake County Aging Services)	468-2490

