

Family Volunteer List

Phone: 2-1-1 Web site: www.211ut.org Fax: 801-746-2880

American Diabetes Association: 801-363-3024

Help with special events such as Step Out: Walk to Fight Diabetes (Sept.), the Diabetes Expo (Feb.), and the Tour de Cure (June).

Minimum age: 16 or none with parent/guardian

Cancer Wellness House: 801-236-2294

Help with office work, maintenance, yard work, special events, and fundraisers.

Minimum age: 16 or none with parent/guardian

**Canyon Creek Assisted Living Center:
801-568-9909**

Help with resident activities.

No minimum age with adult

Catholic Community Services: 801-977-9119

Help sort donations, mentor refugees, cleaning, or do yard and office work.

Minimum age: 16 or none with parent/guardian

Crossroads Thrift Store: 801-359-8837

Help with sorting donations and cleaning. Hours for volunteers may vary.

Minimum age: 14

Discovery Gateway: 801-456-5437

Go to www.discoverygateway.org to volunteer.

Help with exhibits, maintain galleries, cleaning, playing with kids, and museum hosting.

Minimum age: 14

Housing Authority, S.L. County: 801-284-4456

Help with cleaning, Eagle Projects, and book drives.

Minimum age: 18

**Leukemia and Lymphoma Society:
801-519-6600 ext. 260**

Help with office work and mailings.

Minimum age: 16

March of Dimes: 801-746-5540

Help low-income clients redeem points for incentive items at Taylorsville location or collect donations of infant clothing and care items by organizing a donation drive or planning a community baby shower at your church, school, club, neighborhood, or community organization.

Minimum age: 16 for boutique volunteers or no minimum for donations or baby showers

National Ability Center: 435-649-3991 ext 609

Help with horseback riding, caring for horses, ranch facility maintenance, and office work or climbing wall, cycling, skiing, and many other activities.

Minimum age: 15

Neighborhood House: 801-363-4589

Help with yard work, maintenance, housekeeping, or special projects with residents and reading and interacting with children. **No minimum age with adult**

Neighbors Helping Neighbors: 801-585-9505

Help with yard work or painting, visiting, and making crafts with elderly. Volunteers especially needed to deliver birthday and holiday cards and for inside spring cleaning.

Minimum age: 14 for inside work or none for outside

People with AIDS Coalition: 801-484-2205

Help with office work, library work, and event planning.

No minimum age. Parents must sign waiver for volunteers under 18.

Services for Seniors, A program of the Utah Food Bank: 801-978-2452 (volunteer department)

Deliver food boxes, help seniors with yard work, or for very young children, make greeting cards for seniors.

No minimum age with parent/guardian

Utah Council for the Blind: 801-292-1156

Help with ceramics classes, group activities, Braille transcription, reading to the blind, and transportation and shopping.

Minimum age: 8 with parent/guardian

Utah Food Bank: 801-978-2452 (ask for volunteer department)

Monday night is Family Night at the Food Bank. Families are welcome to sort food from 6:00 to 7:30 p.m.

Minimum age: 6 with family

Utah G.A.R.D.E.N.S., Inc.: 801-604-5825

Help plant and cultivate a community garden and assist with garden projects to grow food for the needy.

Minimum age: 13 alone or none with parent/guardian

Last Update May 2009

Please obtain a new copy if more than a year old

If your cellular phone or office phone system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free service.

