

What's Up?

Information on Health and Human Services in Utah

March 2009

www.211ut.org

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Last Call for Silver Bowl Nominations

Reminder, Silver Bowl Award nomination forms for volunteers in Davis, Salt Lake, Summit and Tooele counties are due now. The nomination form and additional information can be found on www.211ut.org. If you have any questions, please contact Kristin Beck, (801) 326-8101, or kristinb@utahfoodbank.org.

Utah State Courts Website

www.utcourts.gov is a useful resource for a variety of legal needs.

To learn about legal representation and how to find an attorney, visit <http://www.utcourts.gov/howto/legalassist/>. For free or low cost legal services, <http://www.utcourts.gov/howto/legalclinics/#1>. For information about self representation, visit <http://www.utcourts.gov/howto/>.

OCAP (Online Court Assistance Program) <http://www.utcourts.gov/ocap/> is available for evictions, divorce, abuse (domestic violence and stalking), guardianship of a minor, and parentage (child support, custody, parent time, visitation, and paternity). With OCAP, users answer a series of questions, and the applicable forms are produced.

Court forms for many other legal issues are available at <http://www.utcourts.gov/resources/forms/>.

Filing procedures are available at <http://www.utcourts.gov/howto/filing/>.

Many links for learning more about the law are available at <http://www.utcourts.gov/lawlibrary/resources.asp>. For legal-related community education, visit http://www.utcourts.gov/lawlibrary/blog/classes_tours/.

Alliance for Unity Food Drive Success

The Alliance for Unity's food drive took place February 14, 2009. Many thanks to the generous community for donating over **ONE MILLION** pounds of food to help meet the needs of food pantries and agencies and to end hunger statewide.

The Alliance for Unity is a diverse group of Utah business, civic, and religious leaders, dedicated to promoting and supporting the common good of all Utahns. www.allianceforunity.org



Covering the Uninsured: National Health System Reforms and Utah

Join Utah Health Policy Project for a STATEWIDE discussion.

Just when you thought it couldn't get any worse, the economic downturn is bringing our health care system to its knees. President Obama and Congressional Leaders have promised action this year. Learn more about the national health reform proposals and how Utah will contribute to the debate. Join us at 1 of 6 locations around the state.

When: Wednesday March 25th from 4:00 to 6:00 pm

Where: 6 Locations Across Utah Connected by Satellite, plus a statewide Webcast

- **Farmington:** Davis County Health Department
- **Murray** (location pending)
- **Ogden:** McKay-Dee Hospital
- **Provo** (location pending)
- **St. George:** Dixie Regional Medical Center
- **Salt Lake:** Research Park

****Webstream**** If you just can't join us at one of the sites, participate online! You'll be able to hear and see the presentation and submit questions.

To RSVP or for more information and directions, please contact Stacey Earle at stacey@healthpolicyproject.org or 801-433-2299. Once you RSVP, we'll send you the address and directions, or log-in instructions for the webcast.

This event is part of the Robert Wood Johnson Foundation's Covering the Uninsured Week, March 22-29

Utah Health Policy Project is the state's leading research and policy firm around health care issues. www.healthpolicyproject.org

VITA (Volunteer Income Tax Assistance) Program Reminder

2-1-1 Information and Referral is a proud supporter of the VITA program. VITA is designed to assist low-income Utah families and individuals by providing FREE tax preparation. Families or individuals having made \$42,000.00 or less in personal income for the 2008 tax year are eligible.

VITA is run by volunteers from every walk of life. All are trained and certified to assist with basic tax returns; assistance with itemized returns, small business (less than \$5000.00 income), and past returns (3 years) is also available.

If you or someone you know would like help with tax preparation, please call 2-1-1 to schedule a VITA appointment.

People Helping People's Successful Employment Program

Free to low-income women who want to learn to earn more. Participants can learn skills to turn a job into a career and meet employers who are hiring now. Reserve a spot for an overview and receive a free monthly workshop schedule and housing tips guide.

March Program Overviews:

- Saturday March 7th, 8:30-12:30
- Thursday, March 12th, 5:30-7:00pm
- Saturday, March 21st, 8:30-12:30
- Tuesday, March 24th, 5:30-7:00pm

For registration or information, contact People Helping People at 801-583-5300



Flu Vaccinations Still Available

The Salt Lake Valley Health Department still has injectable flu vaccines for people ages 6 months and over for \$10.00 per dose. Also available is the Vaccine for Children injectable flu vaccine for \$5.00 per dose for infants, children, and teens under 19 years of age who have no insurance, are on Medicaid, or their insurance does not pay for flu vaccine. Both flu vaccines are available at all of our 5 immunization clinics—for the clinic locations and hours, call 801-534-4693.

Utah Charities

Utah Charities arose from the extraordinary need in the Salt Lake City area to provide nutritious food to disadvantaged families and to specifically provide food and basic items to mothers and young children. The driving force behind Utah Charities is the personal experience of its directors, who have been involved with other charities in Salt Lake City, and believe their experiences could be used to provide assistance to the neediest. Utah Charities' mission is to alleviate hunger amongst Utah's disadvantaged families and to make a difference in children's futures. Utah Charities gathers healthy food and other basic need items such as clothing, books, diapers, and toys, for partnering agencies and organizations to distribute to families.

For more information, visit www.utcharities.org

W.D. Goodwill Initiatives on Aging-Reminder for Upcoming Presentations and Training Seminars

Medicaid in Challenging Economic Times

March 19th, 10:00 am-12:00pm

This panel of experts will provide information on Medicaid, how these changes impact Medicaid recipients, what plans governmental entities have to address the challenges and changes to Medicaid coverage in light of the current recession, and how professionals can be actively involved in advocating for their clients through legislative, policy and practice initiatives.

Location: W.W. and D.P. Goodwill Humanitarian Building, College of Social Work, University of Utah, (801) 585-9505

Upcoming Volunteer Opportunities

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit www.211ut.org.

Camp Hobe

Volunteers needed for summer camp serving children with cancer and their siblings. Sunday, June 7 to Friday, June 12 for campers ages 6 to 12. Sunday, June 14 to Friday, June 19 for campers ages 12 to 19, and Sunday, June 14 to Tuesday, June 16 campers ages 4 to 7. Positions include counselors, activity leaders, cooks, medical staff, and lifeguards.

Juvenile Justice Services

Juvenile Justice Services needs yarn! Please donate new or gently used yarn for at-risk youth to make blankets and hats for other disadvantaged populations.

Red Butte Garden

Share your passion for the environment with local school children. Volunteers are needed to lead weekly school groups of first to fourth grade students through Red Butte Garden while teaching them the wonders of the natural world. Training is required and will be held Tuesdays and Thursdays, March 17 to March 26 from 9 a.m. to noon.

Rolling Meadows Elementary

The S.T.A.R. Program is a tutorial program sponsored by the Utah State Office of Education. This is an excellent, well structured program that really works!!! We will teach you everything you need to know to be able to help children greatly improve their reading skills.
