

# What's Up?

Information on Health and Human Services in Utah

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**April 2009**

**www.211ut.org**

**Page 1 of 4**

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## Topics

- 7<sup>th</sup> Annual Child Protection Fair: Learn How to Stop Crimes Against Children
- No More Homeless Pets in Utah
- University of Utah Child/Adolescent Behavioral Health Clinic/Autism Diagnostic Clinic
- Utah Affordable Housing Database
- Crossroads Urban Center Spring Clean and Help Others
- Personalized Plaques to Benefit Utah Food Bank Services' Capitol Campaign
- Open Enrollment for the PCN Health Plan
- Upcoming Volunteer Opportunities
- Upcoming Community Events

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## 7<sup>th</sup> Annual Child Protection Fair: Learn How to Stop Crimes Against Children Midvale Youth Peer Court

Saturday, April 25<sup>th</sup>, 11:00am-2:00pm

Tools, resources and demonstrations will be available to help protect children and provide information:

- To teach Skills to avoid becoming victims of crime
- To make healthy and positive decisions
- Where youth and parents can go for help

The Fair will include:

- Electronic Child ID Kits, Fingerprinting & DNA Kits
- Melanie Squire, author of the Children's book "I Must Say No"
- Bike Registration ( Must bring bike)
- Bike Safety Rodeo
- Bike Helmets for \$5 while supplies last
- Immunization Express –immunizations from 12-2 pm- must bring immunization records. \$10 fee if you qualify for VFC (Enrolled in Medicaid or CHIP; uninsured or underinsured (Immunization not covered), American Indian or Alaskan Native)
- Crime Prevention Council & McGruff the Crime Dog
- Midvale City Police and Fire Department Displays - fire truck/ambulance tour, if available
- Car Seat and Booster Seat Safety
- Poison Control – Lead Safe Housing – Injury prevention
- Internet safety, pedestrian safety, big truck, railroad and highway safety
- Tobacco & Alcohol Prevention, & Gang Prevention
- Information on victims issues and resources
- Free hot dogs, snacks and drinks
- So much more

There will be something for kids of all ages, their parents, their grandparents and anyone who has an interest in the safety of children. See you at the Fair on Saturday, April 25<sup>th</sup>.

Admission: Free (Please bring a non-perishable food item)

Location: Boys & Girls Club of Midvale, 7631 S Chapel St (415 W)

For additional information contact: Lori, 801-558-8616



## Utah Affordable Housing Database Division of Housing and Community Development

[www.findhousing.utah.gov](http://www.findhousing.utah.gov) -Is an easy to use and searchable database which lists available and affordable apartments for rent in Utah. Users can search for housing units that match criteria such as specific needs, income and location.

Very basic information is needed to get started such as the preferred county, family size, and estimated family income for all household members.

The search can be customized for persons having special needs such as:

- Seniors over age 62
- Persons with disabilities
- Persons suffering from domestic abuse
- Persons who are HIV positive
- Homeless individuals and families

Units are listed by location and type, and will show the maximum rent that could be charged as a percent of income. The database also shows the number of units at each property and whether any units are available.

For current information about a property, please contact the property managers directly. Some properties may require other reasonable fees such as cleaning and security deposits.

For search assistance, please contact Lora Rees at 801-538-8872. Office hours are Monday - Thursday 7:00 a.m. - 6:00 p.m.

The database includes properties that have received funding from the Olene Walker Housing Loan Fund or other properties that have chosen to participate. This information is provided as a public service by the Utah Division of Housing and Community Development Utah Housing Coalition and participating affordable housing developers, agencies and managers.

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## Personalized Plaques to Benefit Utah Food Bank Services' Capitol Campaign

Custom engraved plaques are available as part of the Utah Food Bank Services' Capitol Campaign. Proceeds from plaque sales will help the Utah Food Bank purchase and renovate a new building which will expand current capacity to collect and distribute food. Donate on behalf of yourself, family, friends or loved ones. 4"x 8" and 8"x 8" plaques are available for \$100 and \$250 or more in donations, respectively. The plaques will be posted in Utah Food Bank's new building. To order, or for more information, visit the Utah Food Bank at [www.utahfoodbank.org](http://www.utahfoodbank.org) or call 801-978-2452.

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## No More Homeless Pets in Utah

No More Homeless Pets in Utah's (NMHPU) mission is to end the euthanasia of homeless dogs and cats statewide and to promote humane alternatives for feral cats. NMHPU fulfills its mission by placing a strong emphasis on increasing the numbers of both adoptions and spay/neuter surgeries throughout the state. NMHPU offers a variety of spay/neuter programs and resources with special emphasis on low income spay/neuter.

NMHPU's adoption program takes animals off the euthanasia lists at various area shelters and finds them homes at regularly scheduled adoptions. NMHPU's Feral Cat program serves as a Trap-Neuter-Return (TNR) resource for people feeding and caring for stray/feral cats. This program provides information, lends humane traps, and offers trapping assistance as well as issuing vouchers to fix feral cats. NMHPU is funded through a variety of sources including donations, grants, Pets in Utah/ License Plate and fundraising events like Strut Your Mutt. For more information, visit <http://www.utahpets.org/>.



## **University of Utah Child/Adolescent Behavioral Health Clinic/Autism Diagnostic Clinic**

The Autism Diagnostic Clinic at the University of Utah specializes in evaluations of autism spectrum disorders (autism, Asperger Syndrome, Pervasive Developmental Disorders). The clinic is staffed by Judith Miller, PhD (psychologist), Deborah Bilder, MD (psychiatrist and pediatrician) and Leslie Speer, PhD (school psychologist). The clinic offers comprehensive autism spectrum diagnostic evaluations, which involve the Autism Diagnostic Observation Schedule (ADOS) and Autism Diagnostic Interview (ADI). When indicated, provides psychiatric consultation coinciding with the psychological evaluation. The clinic sees individuals of all ages, from toddlers through adults and individuals of any functioning level from very severe to very mild. Also specializes in the more complicated cases of ASD, which sometimes involves other medical or psychiatric issues.

The Child, Adolescent and Adult Behavioral Health Clinic also offers various forms of treatment for ASDs, including individual and family therapy, parent education/consultation, education regarding parents rights in the schools, classroom observations and support, behavior management, social skills, anxiety management and sibling support/education.

### **Upcoming Clinic: School Year Transitions for Students on the Autism Spectrum**

**Date:** April 25<sup>th</sup> 9am – 12pm

**Location:** University of Utah: School of Medicine

**Cost:** \$25.00 to attend workshop and receive a certificate of attendance. There is an additional \$10.00 fee to apply for USOE credit (which includes an additional hour outside of the workshop)

**Presenters:** Judith Miller, Ph.D. and Leslie Speer, Ph.D., NCSP

**Intended Audience:** Parents and educators of students with an autism spectrum disorder of all ages/grades

**Topics:** This workshop is appropriate for parents and teachers who are currently working with students with an autism spectrum disorder as the current school year comes to an end, as well as for those that anticipate working with students with an autism spectrum disorder during the upcoming school year.

- How do autism spectrum disorders affect transitions from one school year to the next?
- What can you do to ease difficulties surrounding these transitions?
- What worked this school year and what did not?
- How do you effectively and positively end this school year and prepare for the next?

For an appointment, clinic registration, or inquiry into the Autism Diagnostic Clinic or the Child, Adolescent and Adult Behavioral Health Clinic call: (801) 585-1212.

Located in Research Park, 650 Komas Drive, Suite 208, Salt Lake City

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## **Open Enrollment for the PCN Health Plan**

Primary Care Network (PCN) currently has open enrollment for eligible uninsured adults (ages 19-64). Since August 2008, PCN enrollment has been closed and has not accepted new applications. Now through April 30, all uninsured Utah adults may apply online, by mail, or in person to receive primary healthcare. See website for income qualifications.

For more information, or to apply, call 1-888-222-2542 or visit [www.health.utah.gov/pcn](http://www.health.utah.gov/pcn).

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## **Upcoming Volunteer Opportunities**

For additional volunteer opportunities, please call 2-1-1 or visit [www.211ut.org](http://www.211ut.org).

### **Utah Food Bank Services**

Volunteers needed to help rake leaves and do minor yard work for seniors. Be prepared to bring your own yard equipment. Spring Spruce Up will kick off on Saturday, May 2, at 8 a.m. Contact: Jennifer.....801-978-2452.

### **Volunteers of America**

The Volunteers of America Homeless Outreach Program is in need of volunteers to sort donations, cook breakfast, lunch, dinner or assist with the Youth Street Outreach Program. Contact: Lindsay.....801-519-9721 ext. 225.

### **Healthy Aging**

Volunteers needed to lead the Arthritis Foundation exercises for seniors during daytime hours. One-day training required, then time commitment as little as once a week for 1.5 hours. Exercise and have fun while helping others. Contact: Michalene...801-468-2804.

### **The Stable Place**

Exercise, groom and ride horses, assist with lead walking, side walking, general area clean-up, stall cleaning and grounds maintenance. Contact: Jayme.....801-860-3906.

**Crossroads Urban Center  
Spring Clean and Help Others**

Clean out unwanted and unused household and clothing items; receive a receipt for a 2009 tax deduction and help Crossroads Urban Center provide help to those in need.

Needed items include:

- Spring and summer clothing, especially men's and larger women's sizes
- Baby clothes and other baby items (Cannot accept car seats or cribs)
- Shoes
- Socks (new or used)
- Underwear (new only, please)
- Bras, slips, nylons, etc.
- Belts, ties, purses
- Cardigans, light coats, windbreakers
- Household linens; sheets, pillowcases, bath and kitchen towels, washcloths, placemats, tablecloths, hot pads, blankets, sleeping bags
- Pillows; bed, throw, etc.
- Curtains
- Dishes
- Silverware
- Pots and pans
- Basic kitchen items; mixing bowls, cooking utensils, measuring cups, serving dishes, can openers, small appliances (clean and in full working condition); microwaves, crock pots, toaster ovens, hotpots, electric fry pans, countertop grills, mixers, toasters
- Telephones
- SMALL furniture items; nightstands, kitchen chairs, card tables, lamps

Please deliver items to the Crossroads Thrift Store, 1385 West Indiana (840 South). Hours are Tuesday-Friday 10 a.m. -6:30 p.m., and Saturday 10 a.m. – 5 p.m. For questions or directions please call (801) 359-8837.

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**Upcoming Community Events****April**

- 11 Drip Irrigation Class, [Wasatch Community Gardens](#), 801-359-2658 x12  
15 Compost Basics Class (Spanish), [Wasatch Community Gardens](#), 801-359-2658 x12  
25 Solar Cooking Class, [Wasatch Community Gardens](#), 801-359-2658 x12  
25 Child Protection Fair, Midvale Youth Peer Court, 801-558-8616

**May**

- 1-3 Adopt for Life Super Adoption, [No More Homeless Pets](#), 801.364.0370  
9 Annual Plant Sale, [Wasatch Community Gardens](#), 801-359-2658  
9 Race for the Cure, [Susan G. Komen for the Cure](#), 801-4462980

