

# What's Up?

Information on Health and Human Services in Utah

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**May 2009**

**www.211ut.org**

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## Financial Vital Signs/Globous Financial Relief

Globous Financial Relief's mission is to improve lives, families, and communities by providing tools to achieve financial health.

Globous Financial Relief works to make this a reality by providing three vital services:

- FinancialVitalSigns.org
  - Provides people with a free, simple, and effective way to understand their financial situation and improve their financial health.
- Financial Counseling
  - *Objective, preventative, and affordable* financial counseling.
- Education
  - Education to the public through newsletters, online content, and workshops in the Salt Lake City area.

## Money Management Education

This is a great basic personal finance class for those struggling to make and accomplish financial goals. Topics include defining values, setting achievable goals, making a budget that works for different personality types, saving for financial stability, understanding credit and credit scores, dealing with creditors, rebuilding credit, and watching out for warning signs. Classes are held every other Wednesday from 6-8 p.m. Class sizes are kept small, so registration is required by the morning of the class. Classes fulfill the post-filing Debtor Education requirement for bankruptcy. Fee is \$30 for singles, \$50 for couples and includes the bankruptcy certificate. The class may be audited for \$10 if a certificate is not needed.

Upcoming classes:

May 6th  
May 20<sup>th</sup>

Globous Financial Relief / Financial Vital Signs  
1775 W 1500 S  
Salt Lake City, Utah 84104  
801-977-0555 or 866-977-0555 toll free

<http://www.financialvitalsigns.org/index.jsp>

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## Job Skills for Today's Economy

Presented under the direction of the Salt Lake County Council on Diversity Affairs (CODA), the intention of this event is to present employment training opportunities for those un- and under-employed in our community. At least 25 providers of short-term career and technical education are scheduled to be present. Thirty minute job skills workshops will be offered by the Department of Workforce Services and others will round out the afternoon. Participants are invited to come for as much, or as little, as they are able to attend.

Where: Utah Cultural Celebration Center, 1355 West 3100 South  
When: Wednesday, May 20, 2009, 3 p.m.-6 p.m.  
No charge for participants

For information, call 801-468-3097 or visit [www.diversity.slco.org](http://www.diversity.slco.org)

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## Help for Iraq and Afghanistan Veterans

VFW National Home for Children

Deployed military and veterans in VA Vocational Rehabilitation can find support for their families at the VFW National Home for Children. If their families are need of a place for children to live during deployment, the National Home can help. If a wounded warrior and family needs support while participating in a VA Vocational Rehabilitation program, the National Home can help. A home, a safe community, the kids in school, tutoring, counseling and other help is available at the VFW National Home for Children.

Since 1925 the VFW National Home for Children has provided Help, Hope and Honor for the children and families of our nation's military and veterans.

For more information, please visit [www.vfwnationalhome.org](http://www.vfwnationalhome.org) or call 1-800-851-0238

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## 7<sup>th</sup> Annual Chalk Art Festival

Utah Foster Care Foundation

The Chalk Art Festival helps to raise funds for Utah Foster Care Foundation. The Foundation uses these funds to help find, train, and support foster/adoptive parents for Utah's children in foster care. In addition, the Festival helps the Foundation create a greater level of awareness of the need for foster and adoptive parents through community involvement and participation in the dozens of activities available at The Festival.

The Chalk Art Festival gives artists of all ages the opportunity to explore and create their dreams on pavement...whether those dreams are for fame, fortune...or a family. The festival is an opportune time to learn about ways you can help Utah Foster Care Foundation and the 2600 children in foster care in Utah.

Where: The Gateway (400 West, South Temple to 200 South), Salt Lake City  
When: June 19-20

For information about the event or becoming a volunteer, sponsor, or participating artist, visit <http://www.chalkartfestival.org>  
For information about the Utah Foster Care Foundation, visit <http://www.utahfostercare.org/>

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## TURN Community Services Fundraiser—Real Salt Lake vs. Toronto FC

Join TURN and Real Salt Lake for Disabilities Awareness Night. A portion of the proceeds from every ticket sold will be given back to TURN Community Services, a non-profit organization that supports the efforts of people with disabilities to live and work in the community.

When: June 27<sup>th</sup>, 7:30 (tickets must be purchased by June 15<sup>th</sup>)

Where: Rio Tinto Stadium, 9256 S State St, Sandy

Ticket Price: \$18 (\$30 value). All seats are located in the lower bowl (east sideline)

To purchase tickets: Contact Lydia, 801-359-8876 (cash, check, or credit cards accepted)

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## Salt Lake, Summit, Davis, and Tooele County Agencies—Help is on the Way!

Volunteer Opportunities Needed for the United Way Day of Caring, Thursday, September 10

United Way has recruited volunteers from Salt Lake, Summit, Tooele and Davis Counties for the 17<sup>th</sup> annual Day of Caring. The 2-1-1 volunteer center is helping to identify area opportunities for these volunteers, and your help is needed. If you have opportunities available to keep these willing volunteers busy, please contact Kristin Beck, 2-1-1 Volunteer Coordinator, at 801-326-8101.

2-1-1 appreciates the efforts of the United Way in gathering quality volunteers that make a great difference in our community.

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## Upcoming Volunteer Opportunities

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit [www.211ut.org](http://www.211ut.org).

### Brolly Arts H2o Project

Brolly Arts presents H2o in Hidden Hollow, Saturday May 9, noon to 6 p.m. Help celebrate Water Week by volunteering for this multi-media arts event. Volunteers needed to set up artists' installations and booths, or hand out programs for tours.

### Globus Relief

Volunteers needed to help sort packaged medical supplies to be sent to other countries. This is a great project for groups. Health care experience is helpful.

### Living Traditions Festival

The Salt Lake City Arts Council is seeking volunteers for the 24th annual Living Traditions Festival, a celebration of Salt Lake's Folk and Ethnic Arts. Volunteers have a one-of-a-kind opportunity to experience the best traditional music, dance, crafts and foods of Salt Lake's ethnic communities. Volunteer opportunities include beverage sales, cooking demonstrations, greeting at the gates, Living Tradition Kids and the Bocce Ball courts. Shifts are available Wednesday May 13 through Monday May 18, and times vary. There is no training required, but volunteers must be at least 14 years old and able to be outside for 3 hour shifts.

### Work Activity Center

Volunteers needed on Friday, June 12, to help with set up, carnival games, activities, serving lunch, and clean up. This is a client-appreciation carnival for people with developmental disabilities who are clients of the Work Activity Center.

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## Upcoming Community Events

(Salt Lake Area Unless Otherwise Noted)

### May

- 9 Annual Food Drive; [National Association of Letter Carriers](#)
  - 9 Annual Plant Sale; [Wasatch Community Gardens](#), 801-359-2658
  - 9 Race for the Cure; [Susan G. Komen for the Cure](#), 801-446-2980
  - 14 Celebration and Service Fair (Weber); [Tri-County Independent Living Center](#), 801-317-2853
  - 15-17 Living Traditions Festival; [Salt Lake City Arts Council](#), 801-596-5000
  - 16 Community Services Fair & Around the World Storytime; [SLC Main Library](#), 801-524-8200
  - 16 Women's Expo (Davis), [Davis Applied Technology College](#), 801-593-2500
  - 26 Single Mothers Seminar; LDS Employment Resource Services & [People Helping People](#), 801-583-5300
  - 28 Senior Health & Resource Fair; [Liberty Senior Center](#), 801-532-5079
  - 30 CommUNITY FAIR; [Sorenson Unity Center](#), 801-535-6533
  - 30 Strut Your Mutt; [No More Homeless Pets](#), 801-364-0370
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