

What's Up?

Information on Health and Human Services in Utah

July 2009

www.211ut.org

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Summer of Service (SOS) Program

Summer of Service helps youth in the Greater Salt Lake area, grades K-12, connect with volunteer opportunities during summer break. SOS started in June and runs through August. Volunteers must complete a minimum of 211 minutes (3.5 hours) and submit SOS journal entries interpreting their experiences to 2-1-1 by August 31st. Students who complete the requirements will be honored with certificates and prizes at the SOS recognition awards on September 10th.

Young volunteers can register for SOS online at www.utahfoodbank.org. From the Programs tab, click on 2-1-1 Information and Referral. Follow the link to register and download the SOS journal.

For more information dial 2-1-1, or contact Hillary Sorensen at hillarys@utahfoodbank.org or 801-887-1259.

Grant Writing Workshop

Unified Fire Authority and Grant Writing USA will present a two-day grant writing workshop in Salt Lake City, July 22-23, 2009. Beginning and experienced grant writers from area nonprofits are encouraged to attend. The workshop will cover how to write grant proposals from start to finish and how to locate and track relevant grant opportunities.

We are excited to offer a special tuition rate of \$375 (\$50 off) to United Way of Salt Lake partner agencies. This rate includes all materials, including a workbook and 420MB resource CD with writing tools and more than 200 sample grant proposals.

For more information, including venue location and maps, graduate testimonials, and online enrollment, please call 800-814-8191 or visit <http://grantwritingusa.com/events/write/slcut0709.html>. Please use code "UWSL" to receive the **\$50 discount** at registration.



Vital Aging Project

In March of 2009 Salt Lake County Aging Services and the Master's Program of Valley Mental Health joined to form a partnership called the Vital Aging Project. This program has been designed to offer education and information to meet the unique needs and individual challenges that face seniors, to assist seniors in their work towards refinement of a sense of well being, and to promote creative adaptation to aging. Informational classes and other services are offered to seniors and their families, and include personalized individual and confidential consults. These services are provided by a licensed mental health therapist or by student interns under supervision of a licensed clinician. Master's program staff member and program coordinator Rhonda C. Busch, LPC and master's level student interns will be available at the following Senior Centers at least once per week: Friendly Neighborhood, Mt. Olympus, Sandy, Taylorsville, Tenth East, West Jordan, and Westside.

The Master's Program is a community-based resource specializing in senior health and wellness. Rhonda has knowledge and expertise in senior health and wellness best practices as well as in linking seniors with appropriate support and health services.

For further information, contact Rhonda at 801-273-4096.

2-1-1 Receives 100,000th Call!

On June 22nd, 2-1-1 Information and Referral received its 100,000th phone call in Fiscal Year 2009, a significant milestone illustrating the service's growing awareness and crucial role in the community. The referral line provides information on a variety of health and human services on a free, confidential basis.

"Reaching our 100,000th call is a milestone for Utah's 2-1-1 Information and Referral in a few ways," Lorna Koci, 2-1-1 Director said. "It indicates that more people know about 2-1-1 and are using this service to find places to get help. Also, due to the large number of calls taken, it allows us to afford the systems needed to run an efficient and quality oriented call center and outreach team. Better systems and better quality mean better service for our community."

Last year, 2-1-1 received 87,072 phone calls during the 2007-2008 fiscal year and is currently experiencing a 16 percent increase in the number of calls over the 2007-2008 fiscal year. A 30 percent increase in calls was experienced in May 2009 compared to May 2008 and projections show that June 2009 will see a 40 percent increase compared to June 2008.

Drive Out Racism Golf Tournament

On Thursday, September 24th, the Inclusion Center for Community and Justice will be hosting the Fifth Annual Drive Out Racism Golf Tournament. The tournament will be held at the beautiful Thanksgiving Point Golf Course in Lehi Utah. All proceeds raised will provide scholarships for youth to attend youth leadership camps. These Inclusion Center youth programs educate youth to understand each other's differences and gain skills to solve conflicts peacefully in order to live in more inclusive communities.

The Inclusion Center for Community and Justice is a non-profit human relations organization dedicated to eliminating bias, bigotry, and discrimination. The Center develops inclusive solutions for all people through conflict resolution, education, advocacy, and empowerment.

For more information or registration, visit www.inclusioncenter.org or call 801-832-3260.



Barbecue Promoting Healthcare for All Low-Income Americans

Utah Poverty Partnership

More than one third of all uninsured Americans are living under the federal poverty level. This year Congress will vote on legislation to expand Medicaid eligibility to cover all Americans under the poverty level and make healthcare affordable for millions of people. Come show support for this bill while enjoying food and having a good time.

The barbecue is free and open to everyone who believes all Americans should be able to afford basic health care.

Where: Liberty Park, Rice Terrace (northeast section)

When: Wednesday, July 8, 6-8 p.m.

More information: Bill Tibbitts at Crossroads Urban Center, 801-364-7765 ext. 131 or bill@crossroads-u-c.org

Upcoming Free Legal Classes from the Utah State Law Library

- **Small Claims Basics**
Thursday, July 9th, 4:30 – 6:00 p.m.
- **Resources for People Representing Themselves in Utah's State Courts**
Friday, July 10th, 3:30 – 4:30 p.m.
- **Guardianship of a Minor Basics**
Thursday, July 16th, 4:30 – 6:30 p.m.
- **Landlord-Tenant Basics**
Thursday, July 23rd, 4:30 – 6:30 p.m.

For More Information, visit the Utah State Law Library Blog, <http://www.utcourts.gov/lawlibrary/blog>, under Categories, click on the Classes & Tours link.

Class size is limited, so register today. Call 801-238-7990, or email library@email.utcourts.gov.

Upcoming Volunteer Opportunities

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit www.211ut.org.

Rocky Mountain Candlelighters for Childhood Cancer

Volunteers needed for the Lagoon Day Family Picnic, Saturday July 18, 8 a.m. – 5 p.m. Volunteers take children on rides or to the water park while parents enjoy the support and company of other parents. Volunteers must pass background check and short orientation.

Salt Lake County Aging Services - Ombudsman Program

Volunteer ombudsmen needed to advocate for residents in nursing homes through Salt Lake County Aging Services.

Health Access Project

Volunteer interpreters needed in Salt Lake County for medical situations. Interpreters for all languages needed, especially Spanish. Previous experience with medical terminology is helpful but not required. Minimum age for volunteers is 18.

Cancer Wellness House

Free food and fun! The Cancer Wellness House has a great opportunity to work concessions at the Real Salt Lake Soccer Games. Volunteers are needed once a month, for 4-5 hours during the game. The next date volunteers are needed is July 29th, 3:30 - 9:30 p.m. Due to the sale of alcohol through the concession, minimum age for volunteers is 21.



Upcoming Community Events

(Salt Lake Area Unless Otherwise Noted)

July

- 4 [July 4th Community Celebration](#), Evergreen Park, events begin 7 a.m.
4 [SLC 4th of July Celebration](#), Jordan Park, 5-10 p.m.
9 First Night of Free [Twilight Concert Series](#), Gallivan Center, 7 p.m.
10-12 [International Jazz Festival](#), Washington Square
11 [Days of '47 All Horse Parade](#), Sandy, 10 a.m.
18 [Days of '47 Youth Parade](#), Downtown Salt Lake City, 10 a.m.
24 [Days of '47 Parade](#), Downtown Salt Lake City, 9 a.m.
31-8/1 Junior League [C.A.R.E Fair](#), Horizonte Instruction and Training Center

August

- 6-8 [Bountiful/Davis Summerfest International](#), Bountiful City Park, 801-292-0367
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