

What's Up?

Information on Health and Human Services in Utah

★ Brought to you by 2-1-1 Information and Referral ★

March 2010

www.211ut.org

Page 1 of 4

- 2-1-1 Information and Referral Online
- 2010 Utah Conference on Service
- Adult Education Grant Opportunity
- Utah's 19th Annual World TB Day Conference
- Fourth Street Clinic Triathlon & 5k
- Text4baby Health Information Program
- Osher Lifelong Learning Classes
- Organization Highlight: Seven Still Waters, Providing Opportunities for Low-Income Children
- Upcoming Free Legal Classes from the Utah State Law Library
- Upcoming Volunteer Opportunities
- Upcoming Community Events

2-1-1 Information and Referral Online

All of the state and community resources you can access by calling 2-1-1 are now available for you to browse on our [Searchable Resource Database](#). Whether you need to quickly look up the phone number of your local food pantry, or if you have general questions about resources anywhere in the state of Utah, you can now look them up at any time, online.

You can access the Searchable Resource Database anytime under the "Find Help" tab at www.211ut.org.

2010 Utah Conference on Service

Please join Lieutenant Governor Greg Bell, the Utah Commission on Volunteers, and keynote speaker Senator Orrin Hatch at this year's 2010 Utah Conference on Service. The conference is the state's largest gathering of volunteer and service leaders from the nonprofit, government and corporate sectors. This three-day event offers the opportunity to learn, connect, be inspired, and make a difference through a wide variety of exciting and informative sessions, workshops, special events, service projects, and more.

"We are pleased to partner with the state's best thinkers and practitioners of service and volunteering to provide the tools service organizations need to be successful during these difficult times," said Shar Lewis, Executive Director of the Utah Commission of Volunteers. "Participants will come away inspired, energized and ready to serve."

Senator Orrin Hatch co-sponsored The Serve America Act, which seeks to expand opportunities for people to serve their communities at every stage of life, from students and working adults to retirees.

When: April 6-8

Where: Hilton Salt Lake City Center, 255 South West Temple

Conference and registration information available at <http://www.volunteers.utah.gov/>



UTAH FOOD BANK

Adult Education Grant Opportunity

The Utah State Office of Education (USOE) has announced the availability of one-year federal grants for: (1) English for Speakers of Other Languages, Adult Basic Education, and High School Completion; (2) English Language/Civics Education; and (3) Prison/Institutionalized. Eligible agencies include local education agencies (school districts), community-based organizations of demonstrated effectiveness, volunteer literacy organizations of demonstrated effectiveness, institutions of higher education, public or private nonprofit agencies, libraries, public housing authorities, nonprofit institutions that have not previously been listed as having the ability to provide literacy services to adults and families, or a consortium of agencies.

The term "adult education" means services or instruction below the post-secondary level for individuals who have attained 16 year of age; who are not enrolled or required to be enrolled in secondary school under State law; who lack sufficient mastery of basic educational skills to enable the individuals to function effectively in society; who do not have a secondary school diploma or its recognized equivalent, or have not achieved an equivalent level of academic performance; or who are unable to speak, read, or write the English language.

A letter of "Intent to Apply," application materials, policies, and criteria for submitting proposals are available on the USOE Adult Education website at <http://www.schools.utah.gov/adulted/default.htm>, under the "2010 AEFLA Competition Materials" link. Letter of intent is due by 5:00 p.m. April 1st, and completed applications must be returned to the USOE, Adult Education Services by 5:00 p.m. May 14 to be eligible for 2010-2011 funding. Award announcements will be made in June. Questions should be directed to Marty Kelly, State Adult Education Services Coordinator, at 801-538-7821.

Utah's 19th Annual World TB Day Conference

American Lung Association in Utah

The American Lung Association in Utah, in partnership with the Utah Department of Health and local health departments, is presenting a conference with the theme "DOING MORE WITH LESS" for health care providers and the general public. Speakers will discuss tuberculosis control efforts in the state of Utah. Presentation topics include: Tuberculosis and Correctional Settings, Electronic Disease Surveillance System, Respirator Update, College Screening Policies and Protocol, Outbreak Response, and a case study of multidrug-resistant tuberculosis.

When: Thursday, March 25, 2010

Where: Utah State Library for the Blind & Disabled, 250 North 1950 West

Individual Registration: \$50/professional, \$55/professional day of. \$15/student, \$20/student day of. The cost of registration includes breakfast and lunch. Pre-registration deadline is March 24th.

Exhibit Fee: \$500

Online Registration: <http://www.mrsnv.com/evt/home.jsp?id=2924>

Information: 801-484-4456

Fourth Street Clinic Triathlon & 5k

The Fourth Street Clinic Triathlon & 5k is an annual community event organized by medical and healthcare student volunteers from the University of Utah. The focus of the event is to:

- (1) Meet a portion of the Clinic's financial needs
- (2) Promote the Clinic's mission and patient programs
- (3) Emphasize the need for healthy habits and healthcare access throughout the community

The Fourth Street Clinic helps homeless Utahns improve their health and quality of life by providing high-quality health care and support services. With access to consistent health care, the Clinic's patients live longer and healthier lives and often find the hope necessary to break the homeless cycle.

When: April 24th, 2010. Day of registration and check in begins at 7 am, race begins at 9 am.

Where: University of Utah Campus, John Huntsman Center (Gymnasium)

Registration and more information: http://www.fourthstreetclinic.org/events_5kTriathlon.php

Text4baby Health Information Program

Each year in the U.S., more than 500,000 babies are born prematurely and an estimated 28,000 children die before their first birthday. In response to this national public health crisis, the National Healthy Mothers, Healthy Babies Coalition (HMHB) has launched text4baby, a free mobile information service that provides pregnant women and new moms with information to help them care for their health and give their babies the best possible start in life.

Women who sign up for the service by texting BABY to 511411 (or BEBE in Spanish) receive free SMS text messages each week, timed to their due date or baby's date of birth. These messages focus on a variety of topics critical to maternal and child health, including birth defects prevention, immunization, nutrition, seasonal flu, mental health, oral health and safe sleep. Text4baby messages also connect women to prenatal and infant care services and other resources.

HMHB is a recognized leader and resource in maternal and child health, reaching an estimated 10 million health care professionals, parents and policymakers through its membership of over 100 local, state and national organizations. HMHB was founded in 1981, prompted by the U.S. Surgeon General's conference on infant mortality. Six lead organizations established the informal coalition to improve the quality and reach of public and professional education related to prenatal and infant care, including the American College of Obstetricians and Gynecologists, March of Dimes, American Academy of Pediatrics, Association of Women's Health, Obstetric and Neonatal Nurses, National Congress of Parents and Teachers and the U.S. Public Health Service.

For more information about text4baby, please contact HMHB at info@text4baby.org.

Osher Lifelong Learning Classes

University of Utah

The following classes are part of Osher's free Lunch and Learn series for people 50 and over. Call 801-585-5442 for more information. Classes are held at the Commander's House in Ft. Douglas

Conservation that Works: A Look at The Nature Conservancy Today

Wed, March 10, 12:00 – 1:00 pm

Most of us who live in Utah are here in part because we love the natural beauty of the state. We want to maintain our open spaces, water resources, biodiversity, and more. We will talk about the ways in which The Nature Conservancy of Utah works with partners to address environmental issues. We will discuss current issues, visionary projects, and ways that the Conservancy and others work together to assure that our grandchildren will still be able to value Utah's environment.

Biomedical and Robotics Pioneering

Wed, March 17, 12:00 – 1:00 pm

Robotic warriors, bionic arms, dancing fountains and talking toucans are all real products developed by inventor Dr. Stephen Jacobsen and his Raytheon Sarcos bio-engineering laboratory in Salt Lake City. Add huge dinosaurs for theme parks and exoskeletons and spy snakes for the U.S. army and you get a glimpse of the capabilities of Steve and his team of inventive people. The lecture will be illustrated with video clips and suitable sound effects, guaranteed to "rattle the windows" of the Commander's House.

Exploritas: Adventures in Lifelong Learning

Wed, March 24, 12:00 – 1:00 pm

Learn about the history of Elderhostel and the rationale for the recent name change, program categories (North America, International, Adventures Afloat, Road Scholar and Day of Discovery), and length of programs, locations, cost, type of instructors, activities, number of participants, etc.

Organization Highlight: Seven Still Waters, Providing Opportunities for Low-Income Children

The organization Seven Still Waters was created to provide "Opportunity Scholarships" for children from single mother homes. These scholarships pay for education, talent development, and other positive interests. The program also helps single mothers become self sufficient. The service is primarily offered to low income local families, but international aid is provided as well.

For more information, visit www.sevenstillwaters.org or call 801-725-5343.



UTAH FOOD BANK

Upcoming Free Legal Classes from the Utah State Law Library

- **Collecting a Judgment Basics**
Thursday, 3/11, 4:30-6:00 pm
Topics include identifying a debtor's property, writs of garnishment and execution, exemptions and satisfaction of judgment in civil and criminal cases.
- **Resources for People Representing Themselves**
Friday, 3/12, 3:30-4:30 pm
- **Landlord-Tenant Basics**
Thursday, 2/25, 4:30-6:30 pm
Basic rights and responsibilities of both landlords and tenants, as well as provide a description of the eviction process.

Where: Matheson Courthouse, 450 S State St., Salt Lake City

More information: Utah State Law Library blog, <http://www.utcourts.gov/lawlibrary/blog> (click on the Classes & Tours link)

Class size is limited, so register today: 801-238-7990, or library@email.utcourts.gov

Upcoming Volunteer Opportunities

To recruit volunteers to your agency, visit <http://volunteer.united-e-way.org/ufb2iar/agency/>. The recruiting tools will allow you to post opportunities, note requirements, and allow volunteers to search by categories of interest. If you have any questions, contact Hillary Sorensen, Volunteer Center Coordinator, at hillarys@utahfoodbank.org.

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit www.211ut.org.

Camp Hobé

For cancer kids and their siblings. Volunteers needed for overnight summer camps: June 13–18 (campers aged 6–12), June 20–25 (campers aged 12–19), and June 20–22 (day campers aged 4–7). Positions include counselors, activity leaders, cooks, medical staff, and lifeguards.

Salt Lake CAP Head Start

Comcast Cares Day is Saturday, April 24th from 8-12. Head Start is supporting this event by recruiting 200 volunteers to help paint walls at Copperview Community Center. All volunteers will get breakfast, a t-shirt, and lunch. Please email volunteers@slcap.org by March 24th if you are interested in helping and would like a t-shirt.

Utah Museum of Fine Arts

Seeking volunteers to serve as docents and program assistants for the upcoming exhibition, Las Artes de México. All applications must be received by March 12, training begins on March 20.

Upcoming Community Events

Salt Lake Area (unless otherwise noted)

March

- 11 [Volunteers of America](#) Annual Founder's Day Breakfast; 8 am, Little America Hotel, 801-363-9414 ext. 104
 - 11 [National Kidney Foundation of Utah & Idaho](#) Free Kidney Screening, 1355 W 3100 S, 1-800-869-5277 for appointment
 - 13 [Big Brothers Big Sisters](#) Bowl for Kid's Sake, 12 – 5 pm, All Star Lanes Bowling, 1776 W 7800 S, 801-743-1673
 - 17 Graves' Disease Support Group; 6:30 pm, Intermountain Medical Center, 5121 S Cottonwood, 801-259-7446
 - 18 [YWCA Rise and Shine Breakfast](#); 8 – 9 am, Sheraton Hotel, 150 West 500 South, 801-537-8619; Free
 - 27 [Utah Food Bank](#) Scouting for Food Drive; Please place donations out by 8 am for pick up
-



UTAH FOOD BANK