

What's Up?

Information on Health and Human Services in Utah

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July 2010

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Human Rights Commission Scholarship

Members of Salt Lake's minority communities are invited to apply for the Salt Lake City Human Rights Commission Leadership Utah Scholarship. This tuition waiver offers a Salt Lake City resident an opportunity to learn more about the business sector. The scholarship recipient will learn:

- effective decision-making
- strengthen leadership skills
- how to engage in valuable civic participation

Leadership Utah Scholarship is designed to provide opportunities and learn more about the issues facing the community, to foster connections between leaders in both the public and private sector, and stimulate interest and participation in community activities. The session runs from September to June and features 10 day-long sessions that are composed of lectures, discussions, and field trips.

The Human Rights Commission Leadership Utah Scholarship cannot be used elsewhere, and is not a cash-based award. Selection for the scholarship will be held by the Human Rights Commission in the Mayor's Office of Diversity and Human Rights. The Commission was established by ordinance in 2005, and it works to ensure that every resident of Salt Lake City is valued, included, and respected in our community. In addition to the scholarship program requirements, the scholarship recipient will be required to attend 5 Human Rights Commission monthly meetings and offer a report on the training. The expectation is that the scholarship recipient will use the information and training to create positive change, growth, and development in underrepresented communities.

Please forward this information to any candidate you feel may qualify. For more information, visit <http://www.slcgov.com/mayor/divHR/> or email yolanda.francisco-nez@slcgov.com. The deadline for the scholarship application is Wednesday, **July 28, 2010**.

HEAT Application Deadline Extended Through Summer

The Utah Division of Housing and Community Development announced that Utah will extend the Home Energy Assistance Target Program (HEAT) application deadline until September 30, 2010 or until all funds are expended. Please call 2-1-1 for contact information.



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Toast to Good Health

Fourth Street Clinic

Each summer, Fourth Street Clinic toasts to the value of good health by hosting an evening of spectacular wine and food pairings, good laughs and a chance to meet new friends. Tickets to the event are \$150.00—the exact cost of one medical visit at the clinic, including medical supplies, lab costs and pharmaceuticals. Every guest makes health care a reality for one new homeless Utahn, spreading good health and hope to the poorest and most vulnerable of our community.

When: Friday, July 16th, 6-8:30 pm

Where: Log Haven (6451 E Millcreek Canyon Rd)

Tickets: \$150 (RSVP by July 10th please)

More information: http://fourthstreetclinic.org/events_toast.php or 801.364.0058 Ext. 1364

“Davis County Walks” 6th Annual 5K Walk/Run & Kids’ Fun Run

When: Saturday, August 21st, 7:30 am (5K) & 8:30 am (Kids’ Fun Run)

Where: Legacy Events Center, 151 South 1100 West, Farmington

Registration: \$15/Individual with pre registration (by Aug 13th), \$20/individual day of. Seniors (60+) and Kids’ Fun Run participants (12 and younger) are free, but pre registration is required. Online registration is available at www.daviscountywalks.regtx.com or by downloading a registration form from www.daviscountyutah.gov/dcw

The Davis County Walks wellness program encourages all Davis County residents and/or employees to become more physically active, promote health, and to help reduce immobility, disease and illness. The goal is for participants to work up to walking 10,000 steps per day, or doing other equivalent activities.

More information including local walks, success tips, and tracking tools can be located at

http://www.daviscountyutah.gov/health/family_health/health_promotion/physical_activity/davis_county_walks/default.cfm

Agency Spotlight: Criminon: Rehabilitation through Education and Judicial Reform

Criminon (which means “no crime”) is an international non-profit public benefit corporation dedicated to addressing the causes of criminality and restoring the criminal’s self-respect through effective drug detoxification, education and common sense programs. By making them responsible for their actions, people under the Criminal Justice system can become ethical and productive citizens.

Criminon operates a network of groups in 35 countries across the globe, delivering Criminon workshops, courses and programs in jails, prisons, parole and probation offices, courthouses and re-entry facilities, as well as providing training for correctional officers and program personnel.

Criminon’s programs address Drug Education and Rehabilitation, Character Building, Ethical Behavior, Literacy, Education and Life and Thinking Skills including Anger Management, Communication, and Parenting Skills. Our services are not limited to those in prison, but are effective in crime prevention and lowering recidivism and in diversionary settings.

Criminon utilizes the research discoveries made by American author and humanitarian L. Ron Hubbard, who personally worked as a Special Officer for the Los Angeles Police Department in the late 1940’s. Mr. Hubbard discovered that every criminal career began with a loss of self-respect. When man could not longer trust himself, only then did he become a real threat to society.

As early as 1952, Mr. Hubbard began a criminal rehabilitation program with juvenile delinquents in London, England. After two decades of research developments, the Criminon program was born.

Please visit www.criminon.org for more information, or call 801-604-9965



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Kitchen/Serving Items Needed

Catholic Community Services' St. Vincent de Paul Dining Hall is in need of utensils! Donations of new or gently used forks, kitchen knives, ladles and napkins are needed. To donate, please call 801-363-7710 or drop your donations off at St. Vincent de Paul (437 West 200 South) from 8am until 2pm on weekdays. Thanks for your help!

The Mission of CCS is to practice gospel values of love, compassion and hope through service, support and collaboration.

For more information about Catholic Community Services, visit www.ccsutah.org.

YWCA Backyard Benecue

You and a friend are invited to a memorable evening of music, food and generosity. Please join the YWCA on Saturday, July 10th, at the 1st annual *Backyard Benecue* to benefit the YWCA Salt Lake City. The event will feature a special live performance by local artist *The Colin Robison Trio*, award-winning barbecue from *Pat's BBQ*, and a silent auction/raffle featuring some of Utah's finest products, services and attractions. Gather with other friends, neighbors, community advocates, artists and civic leaders to support the YWCA. 100% of proceeds will directly fund YWCA programs and services. For more information please contact Mike at 801.537.8619 or mvaranakis@ywca.com.

Junior League CARE Fair

Junior League CARE Fair, which celebrated its 17th year in August, 2009, is an annual, two-day event organized and directed by the Junior League of Salt Lake City for families needing routine medical services and community assistance information. Typically, there are major barriers (i.e., time, language, financial, and transportation constraints) that prevent some Utah families from receiving many basic health and human services. The Junior League CARE Fair eliminates many of these barriers by bringing together community agencies and medical service providers at one time and in one place. And the majority of medical services are provided free of charge at the Junior League CARE Fair!

Parents and children may apply for and receive services from 50 different community agencies; receive free medical examinations and immunizations as well as physicals, hearing, vision and dental screening, diabetes and cholesterol screening, breast exams and HIV testing. Vouchers for free mammograms off-site are made available. Participants may be eligible for health- and safety-related items such as car seats, bike helmets, etc.

CARE Fair is produced by the Junior League and is staffed with our members in addition to volunteers from the community.

When: Friday, July 9 and Saturday, July 10

Where: Horizonte Instruction and Training Center, 1234 South Main Street

For more information regarding the Junior League or the CARE Fair, please visit www.jlslc.org

Imagine a Happier You Campaign

Imagine A Happier You is an initiative created to help women achieve financial freedom through an engaging and interactive campaign. It is called Imagine A Happier You because its creators would like women to visualize certain financial scenarios that could be positive or negative depending on the preparation behind it (e.g. Imagine if you couldn't take your grandchildren out of ice cream, Imagine if you could...Imagine A Happier You).

Imagine A Happier You is operated by the entities of Deseret Media Companies (DMC) which consist of KSL 5 Television, KSL Newsradio 102.7 FM/1160 AM, Deseret News, Deseret Book, and Deseret Digital Media. Sheri Dew, President and CEO of Deseret Book, is the executive sponsor of Imagine A Happier You. Other members of the committee consist of Laurel Christensen, Deseret Book; Amanda Dickson, KSL; Michelle Kettle, KSL; Patricia Dark, El Observador de Utah; Lisa Bowen, Deseret News; Cindy Richards, Deseret News; Paula Eldredge, Deseret Management Corporation; and Nelda McAllister, Deseret Digital Media.

Imagine a Happier You was launched in early June, and has already provided visitors with 3 financial challenges. For more information, visit <http://imagineahappieryou.com>.



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Upcoming Free Legal Classes from the Utah State Law Library

Utah State Law Library will not offer classes in July. Please check back next month for August classes.

Upcoming Volunteer Opportunities

To recruit volunteers to your agency, visit <http://volunteer.united-e-way.org/ufb2iar/agency/>. The recruiting tools will allow you to post opportunities, note requirements, and allow volunteers to search by categories of interest. If you have any questions, contact Amy Bosworth, Volunteer Center Coordinator, at amyb@utahfoodbank.org.

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit www.211ut.org.

Catholic Community Services

Office help needed in the Medical Department/Refugee Program. Duties include computer data entry and coordinating medical appointments with clients, doctors, and interpreters during business hours for our Refugee Resettlement Program. Please contact Janet at 801-428-1242 or jhealy@ccsutah.org.

Murray Greenhouse Foundation

Join in enhancing the lives of disabled adults with various types of assistance within our program and in our greenhouse. We need anyone skilled at cooking, sewing, cleaning, gardening, computers, arts, exercise, selling, running farmers market booths, yard work, etc. Commitments vary and are flexible as are the days/times. Please contact Heather at 801-330-9018.

Utah State Capitol

Volunteer as a tour guide for a 4-hour shift at the Utah State Capitol, morning or afternoon, every other week and lead visitors through the Capitol on exciting, creative tours. Volunteering as a docent is a wonderful opportunity to learn about the Capitol and the activities that occur on Capitol Hill. Please contact Joanna at 801-538-1800.

Upcoming Community Events

Salt Lake Area (unless otherwise noted)

July

- 5 First night of Mondays in the Park Concert Series; Liberty Park
- 8 First night of Twilight Concert Series; Pioneer Park (300 S 300 W), www.slcgov.com/Arts/twilight
- 9 Beginning of Days of '47 festivities; various locations, www.daysof47.com
- 9-10 Junior League CARE Fair; Horizonte (1234 South Main Street), www.jlslc.org
- 9-11 Salt Lake City Jazz Festival; Washington Square (200 E 400 S), www.slczazzfestival.org
- 13 Writing for Change; 6-9 pm, Anderson-Foothill Library (577 South 900 West), 801-957-4992
- 14-17 Samoan Cultural Celebration of Utah; West Valley Centennial Park (5415 W 1300 S)
- 21 Graves' Disease Support Group **Potluck**; 6:30 pm, Intermountain Medical Center, 5121 S Cottonwood, 801-259-7446
- 31 I Think I CANyons benefit bike ride for Fourth Street Clinic; www.ithinkicanyons.com

August

- 1 Taste of the Nation; Solitude Mountain Resort, 12000 Big Cottonwood Canyon, www.utahfoodbank.org
 - 5-7 Bountiful/Davis Summerfest International; Bountiful City Park (200 W 400 N), www.bdac.org/summerfest
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