

# What's Up?

## Information on Health and Human Services in Utah

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**August 2010**

**www.211ut.org**

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### **Upcoming Conference: Responding on the Homefront The Impact of Military Engagement on Families and Communities**

The University of Utah College of Social Work and the Utah Chapter of the National Association of Social Workers (NASW), in conjunction with the George E. Wahlen Department of Veterans Affairs Medical Center and the United States Army Reserve 807th Medical Command, are pleased to announce a major conference of the effects of military deployments on families and communities. For the first time in history our military engagement in the Middle East has brought unique dynamics needing specialized services and interventions. These have included a) a fully voluntary military, b) large deployments of women and national reservists, and, c) multiple deployments and home-comings. Many families have both a father and a mother in the service. "When parents leave on war missions, the remaining family members often struggle to regroup and set up new routines. Roles change" (H. Fitzgerald, 2009). Home-based care givers, the children, and the individuals who daily interact with these families, such as pediatricians, school teachers, clergy, law enforcement, social services agencies, and neighbors, need to adjust to these changing roles, through being sensitive to the difficulties of adjustment at time of deployment, and then again to readjustment when returning to home and community. Many reservists are deployed multiple times, so the process is repeated over and over again.

Registration: \$250/full, \$125/1 day if received before October 1<sup>st</sup>. \$300 after October 1<sup>st</sup>. Price of registration includes refreshments, continental breakfast, conference materials, etc. Limited discounts and scholarships are available.

For more information or registration, please contact Carrie Allen, [Carrie.Allen@socwk.utah.edu](mailto:Carrie.Allen@socwk.utah.edu), or 801-581-8913.

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### **Kidney Early Evaluation Program**

Adults with a family history of diabetes, high blood pressure or kidney disease are considered to be at risk for kidney failure and are encouraged to attend a free kidney screening.

When: Friday, September 17<sup>th</sup>

Where: Heritage Center, 10 East 6150 South, Murray

For appointment: 1-800-869-5277

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## YWCA LeaderLuncheon

The YWCA of Salt Lake City is pleased to announce the 22nd annual celebration of women in our community. on September 17, 2010 at Grand America Hotel. At the LeaderLuncheon, the YWCA will honor four remarkable women with Outstanding Achievement Awards and present Jeanette Walls, Author of The Glass Castle, as the keynote speaker.

When: September 17<sup>th</sup>, 11:30 - 2

Where; Grand America Hotel

Tickets: \$60, or \$50 with YWCA membership. Sponsorships are available.

Visit [www.ywca.com](http://www.ywca.com) for more information, or call 801.537.8619.

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## The Face of Hunger in Utah Annual Conference

The purpose of the conference is to raise the level of awareness about hunger in Utah and to provide information on ways to combat hunger through avenues including improving food distribution and pantry operations, increasing fund raising, working with other cultures, coordinating food drives, team-building, and much more. Those invited to attend include directors and staff from the partner agencies served by Utah Food Bank Services, elected officials, community leaders, policy advocates, and other individuals involved in the fight against hunger and poverty. New topics will be covered pertaining to food pantries and agencies statewide.

Where: Marriott Hotel, Salt Lake City

When: Tuesday, September 14<sup>th</sup> -Wednesday, September 15<sup>th</sup>

Registration: \$10 per person, due August 20<sup>th</sup>

For more information or online registration, visit [www.utahfoodbank.org](http://www.utahfoodbank.org)

Contact: Linda Trujillo at 801-887-1230

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## Agency Spotlight: University of Phoenix Counseling Center

The University of Phoenix Counseling and Skills Center is a training facility staffed by Master's level practicum students and interns specializing in the field of Mental Health Counseling. Each student is supervised by a licensed mental health professional who is also a faculty member of the university. Through staff support from the college, the Counseling Center provides qualified graduate students with opportunities for practicum, specialized training, internship, and preparation for a professional career.

Counseling is offered free of charge, but sessions will be videotaped for training purposes. Examples of mental health needs met by the center include feelings of depression, anxiety and stress, career and occupational problems, grief and loss, adjustment or transition challenges, and family, parent/child, and other relationship problems.

Location: University of Phoenix Murray Campus, 5373 South Green Street, Ste 100

Schedule: Monday – Thursday 9 am – 8 pm and Friday 9 am – 3 pm.

Appointments: 801-506-4142

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## TURN Community Services – Real Salt Lake Fundraiser and New Address

Join TURN and Real Salt Lake for Disabilities Awareness Night. A portion of the proceeds from every ticket sold will be given back to TURN Community Services, a non-profit organization that supports the efforts of people with disabilities to live and work in the community.

When: September 18<sup>th</sup> 2:00 pm

Where: Rio Tinto Stadium, 9256 S State St, Sandy

Ticket Price: \$18 (\$30 value). All seats are located at the north goal

To purchase tickets: Contact Lydia, 801-359-8876 (cash, check, or credit cards accepted)

Also, as of August 14<sup>th</sup>, TURN Community Services' administrative offices are **moving** to Artspace Commons.

New address – 423 West 800 South, Ste A200, Salt Lake City, UT 84101

Phone – 801-358-8876, Fax – 801-359-2915

Mailing address (unchanged) – PO Box 1287, Salt Lake City UT 84110

For more information about TURN, visit [www.turndreams.org](http://www.turndreams.org)

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## Drive Out Racism Golf Tournament

Inclusion Center for Community and Justice

The Inclusion Center for Community and Justice will be hosting the sixth annual Drive Out Racism Golf Tournament at the beautiful Thanksgiving Point Golf Course in Lehi Utah. All proceeds raised will provide scholarships for youth to attend youth leadership camps. These Inclusion Center youth programs educate youth to understand each other's differences and gain skills to solve conflicts peacefully in order to live in more inclusive communities. The Inclusion Center for Community and Justice is a non-profit human relations organization dedicated to eliminating bias, bigotry, and discrimination. The Center develops inclusive solutions for all people through conflict resolution, education, advocacy, and empowerment.

When: September 22<sup>nd</sup>, 1:00

Where: Thanksgiving Point Golf Course, 3300 West Clubhouse Dr, Lehi

For more information or registration, visit [www.inclusioncenter.org](http://www.inclusioncenter.org) or call 801-832-3260.

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## News from Salt Lake County Animal Services

- **Free Cat Adoption Program.** To encourage shelter adoptions and to save lives of cats coming into the County shelter, Salt Lake County Animal Services has been offering FREE adoptions on cats and kittens 6 months and older since June of 2009. From June 28<sup>th</sup> through October 31<sup>st</sup> of this year all kitten adoptions (any age) are also free. All pet adoptions at the County Shelter include spay/neuter, microchip, vaccination and a starter bag of food! Visit our website at [www.AdoptUtahPets.com](http://www.AdoptUtahPets.com) for more information or come visit at 511 West 3900 South, SLC.
- **Volunteer and Animal Fostering Opportunities.** There are many ways to get involved with the Salt Lake County Shelter. From walking dogs, to assisting at special adoption events, there is something for everyone. Fostering is also a great way to get involved. We often have many kittens that require bottle feeding, or sometimes momma cats with kittens that just need a place to stay until the kittens are old enough for adoption. Food and medical treatment is provided for all of foster animals, they just need you to provide the care! To get involved with volunteering or fostering call: 801-559-1100 and ask to speak to the volunteer coordinator.
- **ASPCA \$100,000 Saving More Lives Challenge.** Salt Lake County Animal Services is excited to announce that they were accepted as a competitor in the \$100,000 ASPCA challenge. The competition runs from August 1<sup>st</sup> to October 31<sup>st</sup>, and the shelter that has the largest increase in adoptions will win \$100,000! Community support and involvement is needed to win so check out [www.AdoptUtahPets.com](http://www.AdoptUtahPets.com), "Fan" them on Facebook (<http://www.facebook.com/#!/slcoanimalservices>), or "Follow" the Blog (<http://slcoanimalservices.blogspot.com/>) to keep up on their progress over the next several months and find out how you can help. \$100,000 would be a tremendous gift to the lost and abandoned pets in our community so help them win the challenge!!

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## Upcoming Free Legal Classes from the Utah State Law Library

- **Collecting a Judgment Basics**  
Thursday, 8/12, 4:30-6:00 pm
- **Landlord-Tenant Basics**  
Thursday, 8/26, 4:30-6:30 pm  
Basic rights and responsibilities of both landlords and tenants, as well as provide a description of the eviction process.
- **Small Claims Basics**  
Thursday, 9/2, 4:30-6:00 pm

Where: Matheson Courthouse, 450 S State St., Salt Lake City

More information: Utah State Law Library blog, <http://www.utcourts.gov/lawlibrary/blog> (click on the Classes & Tours link)

Class size is limited, so register today: 801-238-7990, or [library@email.utcourts.gov](mailto:library@email.utcourts.gov)

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## Upcoming Volunteer Opportunities

To recruit volunteers to your agency, visit <http://volunteer.united-e-way.org/ufb2iar/agency/>. The recruiting tools will allow you to post opportunities, note requirements, and allow volunteers to search by categories of interest. If you have any questions, contact Amy Bosworth, Volunteer Center Coordinator, at [amyb@utahfoodbank.org](mailto:amyb@utahfoodbank.org).

If you would like to volunteer for the opportunities below, or for additional opportunities, please call 2-1-1 or visit [www.211ut.org](http://www.211ut.org).

### Discovery Gateway

A 6-week partnership with Ringling Brothers and Barnum Bailey Circus will offer numerous circus-related activities where volunteers are needed. All activities are held in the museum for visiting families with children ages 2–10 and their parents. Volunteers will be paired with a museum staff person to help facilitate the programs.

- Friday, Aug 13, Make and take your own circus poster
- Saturday, Aug 14, 1:00 – 4:00 Clown College – volunteers will assist with a 3 hour workshop in which participants will learn how to be a clown from a Ringling Brothers and Barnum Bailey Clown.
- Friday, Aug 20, Watercolor portraits of clowns, spotlighting artist Ute Martine
- Saturday, Aug 21, 1:00 – 4:00 CircusFit Fitness volunteers will assist with fun movement activities and a basic obstacle course.
- Saturday, Aug 28, 1:30 – 3:30 Juggle-a-thon – volunteers will assist in helping kids to juggle

### National Kidney Foundation

Volunteers—both general and medical – are needed to help with a community kidney screening on Friday, September 17<sup>th</sup> in Murray, Utah. Volunteers will need to be at the Heritage Center, 10 East 6150 South In Murray from 9:30 a.m. to about 2:30 p.m. Please call 800-869-5277 and ask for Sharon for further details.

### Salt Lake CAP Head Start

Volunteer for CAP's sixth annual Head Start Bloom, held for the very first time at Salt Lake City's beautiful, historic Salt Lake Country Club, on Saturday, August 28, 2010! To make it a success, volunteers are needed to help set up, take down, and run this event.

People are needed for the following shifts:

- Friday, August 27<sup>th</sup> 9:00am – Noon, and 1:00pm – 4:00pm. Job: Loading and unloading event supplies.
- Saturday, August 28<sup>th</sup> 8:00am – Noon, 10:00 – 2:00pm, 1:00pm -3:00pm. Job: Setting up the event. For the first shift, volunteers are needed who feel comfortable lifting and carrying items (some heavy). For the second and third shift, volunteers that have a good eye for décor would be appreciated.
- Saturday, August 28<sup>th</sup> 4:30pm -10:30pm. Job: Volunteering during this time slot is when the actual event takes place. Volunteers are needed to help with the silent auction, check in and check out, directing foot traffic, and more!
- Saturday, August 28<sup>th</sup> 9:00pm – 11:00pm. Job: Clean up and take down!

If you would like to sign up for a shift, please email [volunteers@slcap.org](mailto:volunteers@slcap.org) with your preferred time slot, or call (801)-977-1122 X 454. This is a fun and popular event, so sign up soon to reserve your spot!

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## Upcoming Community Events

Salt Lake Area (unless otherwise noted)

### August

- 13 Wasatch Community Gardens Salsa Party; 6-8 pm, 1037 W 300 N
- 19 Brain Injury and Stroke Survivor Meeting; 7 pm, 5801 Fashion Blvd Ste 190, 801-314-2457
- 21 Davis County Walks; 7:30 am (5K), 8:30 am (Kids' Fun Run), 151 S 1100 W, Farmington, [www.daviscountyutah.gov/dcw](http://www.daviscountyutah.gov/dcw)
- 21 Cruisers for Kids Charity Car Show; 9-4, Midvale City Park (455 W 7500 S), [www.kruisersforkids.com](http://www.kruisersforkids.com)

### September

**September is Hunger Action Month in Utah. Visit [www.utahfoodbank.org](http://www.utahfoodbank.org) for a calendar of events and ideas to help out.**

- 9-19 Utah State Fair; 10 am daily, [www.utah-state-fair.com](http://www.utah-state-fair.com)
- 10-12 No More Homeless Pets Adopt for Life Super Adoption; Petsmart (389 W 1830 S), [www.utahpets.org](http://www.utahpets.org)
- 11 Wasatch Community Gardens Tomato Sandwich Party; 11-2, 800 S 600 E,



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